**SENIOR ADVISORY COMMITTEE**

**Gus Velasco Neighborhood Center**

**Tuesday, June 11, 2024**

**9:30 a.m.**

**MINUTES**

1. CALL TO ORDER – Chairperson Janie Aguirre called the meeting to order at 9:30 a.m.
2. ROLL CALL

*Members Present:* Gilbert Aguirre, Janie Aguirre, Dolores Duran, Bonnie Fox, Hilda Zamora, Astrid Shesterkin, Josefina Lara, Paul Nakamura, Yoko Nakamura, Johnny Hernandez, and Dolores Romero.

*Members Absent:* Nancy Krueger

*Staff:* Jose Carrillo, Community Services Supervisor/Executive Secretary

Adriana Duran, Administrative Assitant ll

*Guests:* None.

1. PLEDGE OF ALLEGIANCE – Johnny Hernandez
2. ORAL COMMUNICATIONS

None.

1. APPROVAL OF MINUTES

A motion was made by Dolores Duran and seconded by Bonnie Fox to approve the minutes for the May 14, 2024 meeting.

1. PRESENTATIONS

None.

1. EXECUTIVE SECRETARY REPORT

Mr. Carrillo provided an overview of the events held on National Health and Fitness Day on May 29th. There was 40 individuals who engaged in activities such as making fresh juice, singing karaoke, walking around the facility, and receiving raffle prizes.

1. OLD BUSINESS
2. *Older Adult Dance Feedback Survery*

Executive secretary Carrillo distributed a draft of the feedback survey to the advisory members for review and feedback. Members proposed including questions regarding seating arrangements. This survey will be distributed to all participants attending the older adult dances.

1. *Older Adult Advisory Council Meeting Presentation*

The committee Chair and Vice-Chair is set to present their Council Report during the July 16th City Council meeting to provide an update on their completed tasks

1. NEW BUSINESS
2. *Input for Grandparent and Me Day Entertainment*

Mr. Carrillo sought input on the entertainment for Grandparent and Me Day. Members voted on various options including a juggler, a clown, a magic show, an animal/reptile show, and a science show. The animal/reptile show emerged as the top choice with 13 votes, closely followed by the magic show with 10 votes. A tie occurred for third place between clowns and a science show.

1. DEPARTMENT OF COMMUNITY SERVICES REPORT

Executive Secretary Carrillo provided a brief overview of the older adult programming that is currently in session and the upcoming special events.

1. *Family and Human Services Division Program and Project Updates*
2. Bingo takes place Tuesdays – Fridays (unless there is a Friday activity) from 9:30 – 11:30 a.m.
3. Games and Fun takes place Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.
4. Create-it Now takes place on June 24th from 9:30 – 11:00 a.m.
5. Monthly Birthday Cake Celebrations take place on the last Wednesday of the month at 11:45 a.m.
6. Café con José takes place on the last Thursday of the month at 11:45 a.m.
7. Movin’ N’ Groovin’ Chair Exercise classes take place on Mondays and Wednesdays from 8:15 – 9:15 a.m.
8. Pickleball takes place on Mondays and Wednesdays at Los Nietos Park from 9:00 – 10:30 a.m.
9. Latin Dance Cardio takes place on Mondays and Wednesdays from 10:00 – 11:00 a.m.
10. Yoga takes place on Mondays from 1:00 – 2:20 p.m.
11. Garden Fun Under the Sun takes place on Mondays from 8:30 – 11:00 a.m.
12. Machine Sewing classes will take place the first and third Monday of the month until July 15th between 8:30 – 11:00 a.m.
13. Older Adults Father’s Day Event on June 14th from 9:30 a.m. – 11:00 a.m. Residents can register beginning May 27th; Non-residents can register starting June 3rd.
14. Red, White, and Blue Dance will take place Friday, June 28th from 9:00 a.m. – 11:00 a.m. Residents can register beginning June 10th; Non-residents can register starting June 17th.
15. T-Shirt upcycle class will take place on Tuesdays from 1:00 p.m. – 2:30 p.m. till July 16th. Residents can register beginning June 3rd; Non-residents can register starting June 10th.
16. Juice Up and Slim Down class will take place Wednesdays from 1:00 p.m. – 2:30 p.m. till July 17th. Residents can register beginning June 3rd; Non-residents can register starting June 10th.
17. Mason Jar Projects class will take place on Thursdays from 1:00 p.m. – 2:30 p.m. till July 18th. Residents can register beginning June 3rd; Non-residents can register starting June 10th.
18. FUTURE AGENDA ITEMS

Members requested an update on the Aquatic Center Project

1. MEMBERS COMMENTS/ANNOUNCEMENTS

Mr. Carrillo suggested serving serving hamburgers at the Red, White, Blue Dance. Additionally, members expressed interest in learning about various projects taking place around the city.

1. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Chairperson Janie Aguirre adjourned the meeting at 10:34 a.m.

**The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on Septemeber 10, 2024.**

Text, letter

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Jose Carrillo, Executive Secretary Adriana Duran, Administrative Assistant II